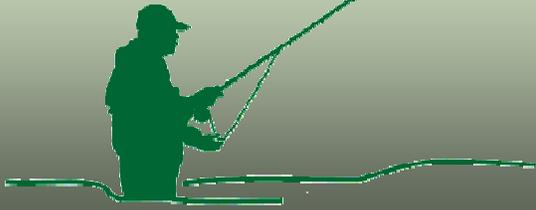


## Alpine Fly Fishers



### Meeting Location:

Niftys Sports Bar  
8924 Canyon Rd E  
Puyallup, WA 98371  
(253) 531-8202  
Socializing begins at 6:30

O C T O B E R 2 0 0 7 / N E W S L E T T E R

### In this issue:

- October Meeting
- Reel Recovery
- Conservation
- Fly of the Month
- FFF Promotions
- Calendars!

## Reel Recovery Be Well! Fish On!

by Mike Clancy, Secretary WSCFFF

“Reel Recovery is a national non-profit organization that conducts fly-fishing retreats for men recovering from life-threatening cancer. Their mission is to help men in the cancer recovery process by introducing them to the healing powers of the sport of fly-fishing, while providing a safe, supportive environment to explore their personal experience with cancer, with others who share their stories.” The program was established in May 2003 by Stewart Brown (1955-2003), a dedicated fly-fisher, in Loveland, CO. Stewart was able to attend the first retreat, but passed on shortly after the event from brain cancer. Lance Armstrong, a cancer survivor, was an important startup organization through the Lance Armstrong Foundation. The retreats are offered at no cost to the participants. The FFF is listed as a support organization along with a long list of various other organizations. During 2007, the organization conducted 15 events in the USA with an event in Roslyn, Wa. this Oct. 16-18, 2007. The Washington Fly Fishing Club is the main support organization for the event at The Inn at Suncadia. To learn more about Reel Recovery, go to their website [www.reelrecovery.org](http://www.reelrecovery.org). I can not state how important these organizations are to cancer victims in the recovery process. I am one of the lucky ones, I’m a cancer survivor. “Be Well! Fish On”

AFF Club Meetings!  
Tuesday, October 23rd, 630 p.m.  
At Nifty's Sports Bar  
Bring your fish stories!

## Conservation

### **Crab Creek Dam**

by Mike Clancy, Secretary, WSCFFF

This is hard to believe. The state of Washington and U.S. Bureau of Reclamation are now focused on destroying the environmental values of Lower Crab Creek in order to provide more subsidized water for agriculture by proposing to build a dam to block Crab Creek in Eastern Washington. The proposed Crab Creek Dam would consist of a concrete-face rock filled structure nearly two miles long and up to 240 feet in height. The reservoir would be filled by pumping "surplus" water from the Columbia River and then releasing it back into the River to allow downstream farms to pump it back out again. The new dam would flood up to 8,600 acres of currently irrigated farmland. This project would wipe out 3 prime fly fishing lakes – Nunnally, Lenice and Merry, in addition to Crab Creek. To learn more about this project, go to [www.waterplant.ws](http://www.waterplant.ws). This is how Banks Lake was created. Banks Lake is a reservoir controlled by pumps at The Grand Coulee Dam. The Washington State Council of the FFF will discuss this project at our next Board meeting on August 11<sup>th</sup>.

### **Green River Salmon and Trout**

In the upper reaches of the Gifford-Pinchot National forest and in the shadow of Mount St. Helens, the Green River is safe haven for several federally listed salmon and trout species. The proposed Margaret copper mine would be in the heart of it. The mine will be the beginning of the end for four rivers and their endangered fish: the Green, the Toutle, the Cowlitz River, and the Lower Columbia River to the Pacific Ocean



Proposed copper mine would be twelve miles north of Mount St. Helens crater.

The American firm, Idaho General Mines, has plans to construct a copper mine, straddling the Green River in the Gifford-Pinchot National Forest. The Green River watershed with its intact old-growth forests and clean waters are important for the persistence of these threatened trout and salmon. Spring and fall Chinook salmon, Chum salmon, and summer and winter steelhead of the Green River are federally listed as Endangered Species. The impacts from this mine will be enough to destroy these fish. To learn more about the Endangered Fisheries Initiative program, actions you can take to help or to nominate a fishery please visit <http://www.fedflyfishers.org/conEFI.php>

# Fly Of the Month

## The Girdle Bug

Courtesy of FFF Website

### MATERIALS:

- Hook:** 2X long hook, sizes 2-12
- Thread:** Black
- Tail:** Two strands of "rubber hackle" white or any color desired. Some tiers segment the rubber strands with a marker creating a grizzly pattern.
- Body:** Black, green, brown or even yellow chenille, or two of these colors.
- Ribbing:** A fine silver or gold tinsel (optional)
- Legs:** Three sets of rubber strands tied to stick out sideways from the body and spaced evenly so as to divide the body into 4 segments.
- Antennae:** Same as tail.



### TYING STEPS:

- Select two segments of rubber strand material about  $1 \frac{3}{4}$  the length of the hook shank. Tie them directly on top of the hook so that they form a "V" tail extending beyond the end of the hook shank about  $\frac{3}{4}$  of the hook shank length.
- Wrap the thread over the rubber leg material up to about  $\frac{1}{8}$  inch from the hook eye.
- Select three segments of rubber strand material about  $1 \frac{1}{4}$  times the length of the hook shank. Lay these at right angles to the hook shank and tie in with a criss-crossing thread. Position the three sets of legs at equal intervals along the length of the body ( a common pattern for a Girdle Bug), or alternatively concentrate them near the front, as in a "Rubber Legs" pattern.
- If you wish to weight the fly, tie in a segment of thin or heavy lead wire just behind the eye (depending upon weight desired) and wrap it from the front to the back. Leave room to finish the head.
- Wrap the thread back to the bend of the hook and tie in the ribbing and the chenille. If a two-tone fly (as in the Girdle bug) is desired tie in both colors of chenille.
- With a single color fly wrap the chenille forward and tie it off behind the eye (leaving room for the head). The chenille should not interfere with For a dark upper body and a yellow underbody, wrap the thread back to the bend and lay the yellow (second color) chenille under the body. Wrap the thread forward followed by the ribbing.
- Tie off chenille, ribbing, whip finish the head and apply cement.

## FFF PROMOTIONS!



Starting July of this year the FFF started two membership incentive programs. The first program is for FFF affiliated clubs. This program is to increase our members to support the Federation's growing Conservation and Educational programs. One group that represents real potential is the members of our affiliate clubs who are not FFF members. From July 1, 2007 to December 31, 2007 affiliate members may join the Federation at the special discounted price of \$15.00 for a regular one year individual membership.

- These memberships will count toward the Rod Incentive program.
- Membership form must be signed by the club president to certify that the applicant is a member of an affiliated club

### L i f e M e m b e r P r o m o t i o n

Beginning July 1, 2007 until December 31, 2007 we will also have a life membership promotion. At a price of \$750 it will include for a new member, choice of a Sage 590-4 Z-AXIS Series Rod in 5 wt OR a Sage 890-4 Xi2 8 wt.

Thus the new life member gets a package valued at approximately \$1,150 for his/her \$750.00 investment..

### R o d I n c e n t i v e P r o g r a m

For every 12 new members of a club who join the FFF, the club will receive their choice of a Temple Fork Outfitters Lefty Kreh Professional Series rod: TFO 5864P (8'6" 4 pc 5 wt) or TFO 0894P (9' 4pc 8 wt) .

If the club enrolls 18 new members, they can choose between a TFO Lefty Kreh TiCR X series rods: TFO 5904TX (9' 4 pc 5 wt) or TFO 08904TX (9' 4 pc 8 wt)

All membership categories for new members count toward the rod with the following exceptions.

*Two youth memberships count as one membership for this program. Disabled Veteran memberships do not qualify. Reinstatement of membership (former members less than 3*

## MARK YOUR CALENDARS

### THE FIFTH ANNUAL OLYMPIC PENINSULA FLY-FISHING EXPO

Saturday, March 22, 2008, 9:00 am to 5:00 pm

Jefferson County Fairgrounds, Port Townsend, Wa.

Celebrities Phil Rowley, Doug Rose and Skip Morris will perform slide shows and fly-tying presentations. Other skilled fly fishers will demonstrate casting, fly-tying and more. Vendors will also offer tackle, boats and artwork.

Main emphasis: fishing Peninsula rivers, lakes and saltwater, including instructions for beginners. Other topics will range widely.

Admission is \$9.00 adults, \$2.00 children age 12 and under. Free parking!

More details at [www.cataraft.com/FFExpo08](http://www.cataraft.com/FFExpo08) or mail [jchesnutt@speakeasy.net](mailto:jchesnutt@speakeasy.net).

### **NW FLY FISHING EVENTS FOR 2007 – 2008**

by Mike Clancy, Secretary, WSCFFF

<u>October 27–28, 2007</u>	Spey Fair, Tolt-McDonald Park, Carnation, WA <a href="http://www.speyshop.com">www.speyshop.com</a>
<u>November 3, 2007</u>	NW Fly Tiers Rendezvous, Mt. Hood Community College, Gresham, Oregon <a href="http://www.flyfishusa.com">www.flyfishusa.com</a>
<u>January 23-27, 2008</u>	Washington Sportsman Show @ Western Washington Fairgrounds, Puyallup, WA
<u>February 1-3, 2008</u>	The Fly Fishing Show @ Meydenbauer Center, Bellevue, WA
<u>February 6-10, 2008</u>	Pacific NW Sportsmen's Show, Portland, OR @ Portland Expo Center
<u>February 21-24, 2008</u>	Evergreen Sportsman's Show – Monroe, WA
<u>February 28 - March 2, 2008</u>	Central Oregon Sportsmen's Show, Redmond, OR
<u>February 28 – March 2, 2008</u>	Idaho Sportsman Show – Boise, ID
<u>February 29 - March 2, 2008</u>	Great Western Sportfishing Show – Spokane, WA
<u>March 7-8, 2008</u>	Oregon Council FFF – Northwest Fly Tyers and Fly Fishing Expo, Albany, OR ( <a href="http://www.nwflytyerexpo.com">www.nwflytyerexpo.com</a> )
<u>March 22, 2008</u>	Olympic Peninsula Fly Fishing Expo @ Port Townsend, WA
<u>March 29 – April 1, 2008</u>	Great Alaska Sportsman Show, Anchorage, Alaska
<u>May 3, 2008</u>	Washington State Council FFF Event – “Washington State Fly Fishing Conclave” – Ellensburg, WA ( <a href="http://www.washingtoncouncilfff.org">www.washingtoncouncilfff.org</a> )
<u>July ???, 2008</u>	7 <sup>th</sup> Annual Metolius River Fly Fishing & Bamboo Rod Fair @ Black Butte School, Camp Sherman, OR ( <a href="http://www.campshermanstore.com">www.campshermanstore.com</a> )
<u>July 22-26, 2008</u>	FFF 43 <sup>rd</sup> Int'l Show and Conclave 2008, Whitefish, MT ( <a href="http://www.fedflyfishers.org">www.fedflyfishers.org</a> )

# October/November 2007

SUN	MON	TUE	WED	THU	FRI	SAT
14	15	16	17	18	19	20
21	22	23 AFF Club Meeting Nifty Fifties	24	25	26	27 Spey Fair— Carnation
28 Spey Fair— Carnation	29	30	31	1	2	3 NW Fly Tiers Rendezvous—Mt Hood CC
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27 AFF Club Meeting Nifty Fifties	28	29	30	

Club correspondence can be sent to:

Alpine Fly Fishers  
PO Box 3486  
Federal Way, WA 98036

If you have an email address allow us to send this newsletter via the internet. If your email address has changed recently, please share your new address. Visit our website at [www.alpineflyfishers.org](http://www.alpineflyfishers.org).

Club Officers:

President:	Bill Aubrey	253-678-3683
Vice President:	Bob Jacobs	360-897-8733
Treasurer:	Duffy Christy	253-568-7965
Secretary:	Doug Smith	253-864-0674
Ghilly:	Bob Alston	253-848-6884
Librarian:	Bruce Everett	253-278-0164