

# Alpine Fly Fishers



M A R C H 2 0 0 7 / N E W S L E T T E R

## Upcoming club meeting dates:

- March 27nd
- April 24th
- May 22th
- June 26th

## Washington State Council Of The Federation of Fly Fishers Fly Tying Expo and Annual Meeting April 21, 2007

The Washington State Council will be holding its first Annual Fly Tying Expo and Annual meeting in Ellensburg, Saturday, April 21, 2007.

The Fly Tying Expo will be held in the Hal Holmes Center from 9 am to 5pm. The center is in the same building as the library and located at 209 N Ruby St. There is plenty of free street parking in the area. The cost of admission to the event (for the Fly Tying) is \$5.00 and will be collected at the door. We hope to have four 2-hour tying sessions for the participants. The tying times will be 9:00 am-11:00 am, 11:00 am-1:00 pm, 1:00 pm-3:00 pm, 3:00 pm-5:00 pm. The tiers will feature a variety of fly patterns from complex full dress Atlantic Salmon flies to presentation flies, to fishing flies. There may be steelhead spey patterns, trout, bass, and salt water patterns tied at this event. If you would like to tie (novice to expert) at the Expo please contact Vern Jeremica at [vern@jeremica.com](mailto:vern@jeremica.com) by March 15th.

The Annual Meeting will be held that evening at the Ellensburg Inn, 1700 Canyon Road. The meeting will start at 6:00 pm with a reception and a no host bar. A buffet dinner of London Broil and Salmon Fillet will be served at 7:00pm. The dinner will be followed with a brief business meeting which will include introduction of the candidates for election. This will be followed by the auction/raffle and speaker. The speaker for the evening dinner is 1st Lt. Eivind Forseth. He is a participant and project coordinator in Project Healing Waters (PHW) at Walter Reed Hospital in Washington DC. Lt. Forseth was injured in Iraq in January 2005 from an explosive device. PHW teaches wounded service members the adaptive skills of fly fishing and fly tying as emotional, occupational and physical therapy. Lt. Forseth delivered the keynote address at the FFF 2006 Conclave in Bozeman, MT. Several members of the council have heard Lt Forseth speak. He comes highly recommended by the council. Reservations are required for dinner. The cost is \$30 and includes admission to the Fly Tying Expo. Tickets must be purchased by April 14th. Please contact Carl Johnson (425-308-6161) [flyfishalso@verizon.net](mailto:flyfishalso@verizon.net) or send your payment to: Carl Johnson, WSCFFF, PO Box 1206, Monroe, WA 98272

The Council has arranged for a block of rooms to be held at the Ellensburg Inn for the Friday and Saturday nights. Available are single Queen rooms and Rooms with two Double beds. The rates are \$72 for the Queen and \$76.50 for the double plus tax. Please make your reservation directly with the Ellensburg Inn at 509-925-9801. Mention the Washington State Council Federation of Fly Fishers (WSCFFF) to get this rate.

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## VOLUNTEERS NEEDED

By Carl Johnson President WSCFFF

The Washington State Council of the FFF (WSCFFF) is looking for volunteers to assist us with the Fly Tying Exposition and Annual Meeting in Ellensburg, WA on April 21st.

We are looking for people who will help with registration, raffle ticket sales, silent auction, assisting with concession sales, set-up and tear down. If you would like to volunteer please contact one of the committee members:

## PROGRAMS, PROGRAMS, PROGRAMS

### March's Program

"Listen to the sound of the river and you will get a trout"

-Irish Proverb

Jim Higgins, Steve Egge and Pat Blackwell will be doing the March program. With the response that Jim received at the last meeting on his knots program we are teaming up and doing a program on making leaders. We will cover blood

knots, perfection loops, figure eight loops and the king sling loop. All the material for the leaders will be furnished. Our goal is for everyone to have a fishable leader that they made at the end of the evening.

Don't Miss the Upcoming Programs

April's Program  
Steve Egge & Bob Alston  
On Christmas Island

May's Program  
Steve Worley  
Of the Worley Bigger Fly Company  
On the Yakima

June's Program  
Al Lind  
On the Dean River

## Puget Sound Fly Fishers

### 51st Annual Banquet and Auction

Tacoma Elks Club  
1965 S. Union  
Saturday, April 7, 2007  
5:30 -9:00p.m.  
OPEN TO THE PUBLIC  
\$25.00

Featured items include guided trips, clothing, rods, reels, and hand-tied flies. For those with other interests, we have gift baskets, artwork, dinners, romantic getaway packages, and much, much more!

Silent auction begins at 5:30 p.m. Buffet dinner is served at 7:00 p.m., and live auction begins at 8:00 p.m.

RSVP to:  
Ed Poppleton  
edebpopltn@yahoo.com  
253-858-7921

## FLY OF THE MONTH



Christmas Island Special  
By Bob Alston

Christmas Island Special: this is the most popular fly on Christmas Island; it is quite easy to tie; the local guides like it very sparse; most popular color is orange and yellow and pearl.

Hook: Standard stainless steel bonefly hook sizes 4-5-6 are popular.

Thread: 6/0 color to match body

Tail: Crystal Flash 6 strands maximum continued on to the body; length  $\frac{3}{4}$  - 1 shank length

Body: Wrapped crystal flash ( same color as tail)

Eyes: Barbell or RealEyes Plus size 5-32 are most popular; medium stainless steel chain bead also; use smaller eyes when more delicate presentation is desired or fly is in thinner water and does not need to sink fast.

Wing: continue the crystal flash as an underwing; on top of this use craft fur to a length of 1 shank past end of hook

Combinations recommended:

- Orange Crystal flash, orange craft fur, flat orange thread
- Yellow Crystal Flash, yellow craft fur, flat yellow thread
- Pearl Crystal Flash, tan or sand craft fur, flat orange or tan thread

Don't forget to use superglue !

## DVD & BOOK REVIEW

Reviewed by Bruce E. Harang

Two-Handed Fly Casting Spey Casting Techniques by Al Buhr

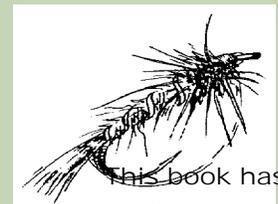
Frank Amato Publications, Inc., Portland, OR, 2006

79 pages, softbound, illustrated, Color and B&W, suggested price \$22.00

This is one of those instruction books that actually explain every step and movement required to perform the desired physical action, in this case making a well developed Spey cast with a two-handed rod. The strength of the book is the well written, concise text. The text is further supported by well choreographed and executed photographs. The author starts the book by explaining how to make a "grass leader" so you can practice some of the basic casting motions without the need for being on the water. He then breaks all Spey casts down into seven distinct portions so that the caster can practice very effectively either a single portion of a cast or a complete cast effectively both with text and photos. Next you learn about tracking the cast and the casting stroke fundamentals. The forward cast portion of the seven part Spey cast is further broken down into 3 sub-parts.

Next the author explains the five fundamentals of every good two-handed cast. The practice routine using the overhead cast all one-hand casters are familiar with is used to teach the idea of "flip the tip" which teaches the caster to develop a two-handed casting stroke that utilizes the strength of the bottom hand and the use of the upper hand as a pivot to allow the long rod to do the real work of casting. This reversal of the normal one-hand casting upper hand dominance which is detrimental to a good two-handed cast is turned into a teaching asset making the transition easier. The bulk of the book is devoted to teaching the mechanics and theory of fifteen of the most popular and useful practical two-handed casts, important techniques such as off-should

casting, single haul, quickening, and how to fish using the two-handed rod and the two-handed casts in a number of different water types.



This book has

casts and helpful hints for the beginning Spey caster...

Club correspondence can be sent to:

Alpine Fly Fishers  
PO Box 3486  
Federal Way, WA 98036

If you have an email address allow us to send this newsletter via the internet. If your email address has changed recently, please share your new address.

Club Officers:

President: Bill Aubrey 253-678-3683  
Vice President:  
Treasurer: Duffy Christy 253-568-7965  
Secretary: Doug Smith 253-864-0674  
Ghilly:  
Librarian:

# March/April 2007

SUN	MON	TUE	WED	THU	FRI	SAT
March 25	26	27	AFF Meeting 6:30 p.m. @ Niftys Fiftys	28	29	30 Omak Lake 31 Omak Lake
April 1 Omak Lake	2	3	4	5	6	7 AFF Fair PSFF Auction
8	9	10	11	12	13	14 Yakima River
15 Yakima River	16	17	18	19	20	21 WSCFFF –Fly Tying Expo. E Ilensburg, WA
22	23	24	AFF Meeting 6:30 p.m. @ Niftys Fiftys	25	26	27 28
29	30					