

March 2006 Newsletter - Alpine Fly Fishers

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Meeting

Wednesday, March. 15, 2006

Puyallup Elks Club, 314-27th St. NE, Puyallup Telephone: 253-845-9515
Wet Line 6:30 P.M., Dry Line 7:30 P.M.

Program: At press time, a program for Wednesday's meeting had not been established, so swapping fishing yarns, gearing up for the spring openings may be topics for discussion.

Update 3/12/06 - A program featuring "Reading the Water" will be presented by "Angie the River Guide," says John Wenzel, who ran into the guide on the Sol Duc recently and convinced her to address our group. Angie guides on Olympic Peninsula rivers as well as the Skagit and Sauk rivers.

Fly of the Month by Bill Fox

Don't forget the Woolly Worm

If you ask me, any person who spells the town Sedro-Woolley correctly deserves some kind of scholastic award. When Bill Fox volunteered one of his favorite patterns, the venerable Woolly Worm, I was as much impressed that he spelled "woolly" correctly as I was about the number of fish he's landed with this pattern. "A good all-around fly pattern, I have caught 20-inch plus cutthroats on the Cowlitz and even hooked a couple of steelhead there (with this fly). I have caught browns, rainbows, triploids and brook trout in both alpine and lowland lakes trolling it just below the surface."

Woolly Worm



Woolly Worm

Hook: Mustad 3399A. Wet nymph.
Thread: 6/0 Red

Tail: Red Saddle Hackle
Body: Black Mini Vernille
Hackle: #1 Saddle Variant (Grizzly) Palmered

Leaving head space, wrap thread to end of shank. Tie in about 8-10 red hackle fibers ¼-inch long. Tie in vernille. Then tied in the saddle variant and wrap the thread forward. Wrap the vernille forward covering the shank and tie off leaving head space. Palmer the variant forward, 4-6 wraps and tie off. Form a tapered head with thread, tie off & cement.

March Madness at Lake Lenore

Stan Calavan will be hold up in an Ephrata motel room this coming weekend, taking advantage of two of amateur sport's greatest events – spring fishing and the NCAA basketball tournament.

Calavan has invited the club to tag along on his annual pilgrimage, fish Lake Lenore during the sunshine and find a comfortable night spot in Ephrata with big screen television for the evening's basketball games.

Those who attended last month's meeting learned how Stan catches those giant Lahotan trout at Lenore. He doesn't use the cast, sink and super slow retrieve method with his chironomids. Instead, after casting and patiently waiting for the fly to sink directly beneath the strike indicator, he gives his line two or three quick 12-inch pulls to trigger the fish's attention, and then waits for the line to sink again. This "second" sinking is when many fish hit the fly, Calavan says.

Stan ties his chironomids size 12-16 (he prefers 14s), thin and sparse, black and red, for Lenore.

He'll be at the far north end of the lake and promises some company as well. Rumor has it 24 to 28-inch behemoths have been hooked recently.

Classified Ads: As a service to our members, we offer a space dedicated to helping you unload some good equipment you've "outgrown" or a space to help you find something that fits. It can be a boat, rod, reel, waders, camping gear, just to mention a few. Let the editor know and we'll include it.

Club Web Site: www.alpineflyfishers.org

Dues: \$20 annually is all it takes. Dues are being collected this month, as they have been for the previous two months.

Address: Club correspondence can be sent to: Alpine Fly Fishers, P.O. Box 3486, Federal Way, WA 98036. If you have an email address, allow us to send this newsletter via the Internet.