

Alpine Fly Fishers

Our Next AFF Meeting



FFI
Charter Club



Will be in
September

The Dead Drift - August 2018

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Board of Directors

President's Line

By Larry Gibbs

This summer is going quickly, or so it seems so to me. I have had my little medical issues that have kept me from doing any fishing so far, but I am looking forward to the fall fishing, which is when I really like to get out there. The weather is cooler for me, the water is cooler for the fish and the trout and bass are bulking up for the long haul of winter, it can truly be a magical time. Not to mention that I have three new fly rods that I need to test out. Notice I didn't say "break in", breaking is not a nice word around fly rods. However, it seems a couple of our club members like the sound of a graphite rod blowing up when you sit on them. Won't mention any names.....maybe

I trust at our September meeting we will have some really good fishing reports. I even hope to have one or two of my own by then. Please don't forget to take some photos and pass them on to either myself or Steve so he can put together a great power point slide show for us at our December meeting.

Fall is right around the corner. Did I mention that already? Today as I type this it is going to be at least 91 outside today. I had an email from John and down south of us a little ways it was 97 yesterday. Hot, way too hot. Yea, fall is right around the corner.

The Board of Directors for the WA State Council FFI had a board meeting in Ellensburg in late July. It was a rather productive meeting with a heavy concentration on the future of our fly fishing fairs and ways to make it even better. A committee was created to consider all of the possible ways to improve on this great event. I was placed on that committee. So, if any of you have suggestions, please email me with your ideas. Bill Wheeler is our new president for the WSCFFI. Carl Johnson is staying on with the job of organizing the 2019 WA Fly Fishing Fair in Ellensburg.

I heard from Al Hess the other day. He somehow managed to totally sever his Achilles Heal and is laid up for the rest of the summer. I wished him a speedy recovery, but from personal experience I know that it will take a fairly long time to heal.

Stephen wrote a great article about the John Day Smallmouth Bass trip a number of our club members took a few weeks ago. He didn't include one photo of the group 'resting' after a tough day of fishing, so I thought I would include that at the end of his story.

Enjoy the summer.

Good fishing.



Larry



Fly Fishing International

Fly of the Month

August 2002

X-CADDIS

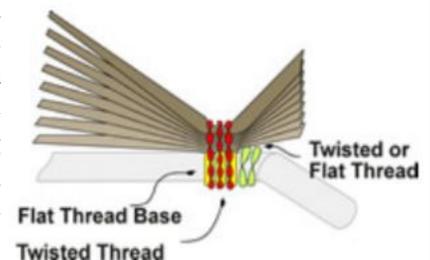
By Wayne Luallen and Bob Bates



Years ago this pattern became one of my (Bob) favorites when it allowed me to catch fish that were refusing my friends flies. They are excellent fly anglers so it wasn't that I was a better fisherman I just had a better fly. This version of the pattern has some advantages over the way most people tie it. Wayne has shown these methods to students attending his workshops at annual FFF Shows.

The X-Caddis was originally tied about 1980 by Craig Mathews and company at Blue Ribbon Flies, West Yellowstone, Montana. Early patterns were tied with dubbed beaver bodies, but now most tiers use Antron because it is "buggier." It is a fly for spring, summer and fall, and will take fish during the day when there is no hatch, during a hatch and during the "evening rise." Most of the time fish it drag free using a floating line. Some anglers put floatant on the whole fly, but there is an advantage to putting floatant only on the wing. This makes it float low like a crippled caddis that hasn't freed itself from the shuck. Tying the X-Caddis is simple: Zelon shuck, dubbed body and deer- or elk-hair wing. However, how these materials are handled can make a difference. The shuck is made of Zelon if it came from Blue Ribbon Flies and Z-lon if it came from John Betts, Colorado Springs, Colorado. It represents the sheath that protected the insect (pharate adult) as it moved upward to hatch. As the adult caddis hatches it leaves behind a shuck that is nearly transparent so the tail on our flies should be pretty thin. With too much Zelon the shuck is stiff and opaque rather than ethereal, translucent, and natural as it should be.

Many tiers have been frustrated with their elk or deer hair caddis wings. After only a few fish, the wing comes loose and twists around the hook shank. The problem is that thread mounted simply over the hair butts is not adequate to hold the wing in place. There is a solution, but it is not placing 49 more wraps of thread around the hair! The solution is the proper placement of thread to apply the most force. A flat thread base made with un-twisted thread is needed at the wing location. When it comes time to mount the wing, secure it directly on top of the forward-most wraps of the thread base with a few wraps of well-twisted thread. This does several things: 1) the base thread on the hook acts as a friction point; 2) as with a rope, flat untwisted fibers are not as strong as when they are twisted (to a point); and 3) twisted tying thread is narrower than flat thread, so it bites deeper into the wing, thus pinching the hair onto the base thread tighter. The wings on the two flies above were tied with this technique. However, the amount of hair on the two flies is radically different. Both styles have caught fish, so it is up to the tier to decide what is best for their fishing situation.



Materials:

Hook: Tiemco TMC 100, 5210, 100BL, 900BL, Daiichi 1310, Mustad 94840, etc., sizes 12- 20

Thread: 6/0, 8/0 color to match body

Tail: Zelon, amber gold or caddis gold, crinkled

Body: Dubbed beaver or Antron: tan, brown, olive or black to match the naturals

Wing: Deer or elk hair

Tying Steps:

- 1 Smash barb on hook with smooth jaw pliers or your vise.
2. Attach tying thread near bend and wind forward to within 1-½ to 2 eye-widths of the eye. A flat thread base made with un-twisted thread is needed at the wing location. When it comes time to mount the wing, secure it directly on top of the forward-most wraps of the thread base with a few wraps of well-twisted thread. This does several things: 1) the base thread on the hook acts as a friction point; 2) as with a rope, flat untwisted fibers are not as strong as when they are twisted (to a point); and 3) twisted tying thread is narrower than flat thread, so it bites deeper into the wing, thus pinching the hair onto the base thread tighter

FOTM Cont. on page 3 →



3. Separate out a quantity of Zelon equal to about half or less of what you would normally use. (The material will be doubled onto itself, thus the need for less than you would use when just trimming the Zelon to length.) The length of material should equal at least 3 shank lengths or more for ease of handling. Secure it where the thread was left in step 2 and trim excess. Next twist it about one turn clockwise. While holding the twist, fold the Zelon back onto itself forming a loop that is more than a gap width, but less than a shank length. Secure this now overlapping end just behind the first, and trim excess.
4. Twist the bubble shuck tightly counterclockwise. While holding the twisted bubble shuck wind thread toward bend to secure it on top of hook. Stop where you want the shuck to begin: Before, at or after the bend.
5. Dub thread and wind a body forward to a point just behind where the wing will be tied in.
6. Untwist the thread, and lay a flat thread-base for the wings
7. Start the bobbin spinning to twist the thread by moving the thumb toward the hook's eye relative to the first finger. (This will spin it counterclockwise for right hand tiers and clockwise for left hand tiers. A picky detail that will make the thread naturally wind toward the hook bend and away from the wing butts, which keeps them from spinning around the hook.)
8. Select a portion of deer or elk hair clean out under fur and stack it. Place hair on top of the hook with tips at rear of body. Secure the wing with twisted thread placing each wrap to rear of the first wrap. If the hair flares too much, un-twist the thread and wind rearward from the tie down point to make the hair lay more along the body.
9. Pick up the butts and put four or five whip-finish wraps tightly against the wing. If the thread furls with your whip finish technique, untwist the thread before whip finishing.
10. Trim butts leaving a small stub. Natural caddis have a small head.
11. A touch of flexible head cement (like Dave's Fleximent) will help the thread and wing stay in place.

This is a simple but effective pattern. We don't have the space to regale you with a bunch of fantastic X-Caddis fishing stories. We encourage you to go out and collect your own stories. A foam fly box is best for storing these flies. If stored in a compartment they will tangle even with barbless hooks. If barbed hooks are stored in a compartment you will spend all of your fishing time untangling flies. Have fun and good fishing.

Back of Beyond

By Stephen Neal

In Wildness is the Preservation of the World

“Henry David Thoreau”

Get Off There! You Are Costing Me Good Fishing Water!

This article is dedicated to Marty Shepard, and his staff, Rob and Taylor from Little Creek Outfitters and my fellow fishermen, Bob, Steve, Sean, Gary, Larry, Fred, Brian, Paul, and Ron, with a nod to Pat. This article is also dedicated to the John Day River, which brought us all together. Each one of these entities, men and river brought their special gifts to this trip, making it an experience to savor forever.



The John Day is one of our nation's longest free-flowing rivers, it cuts through our earth's second largest basalt cap. Cataclysmic events shaped this region, (uplift, fire, flood, and cold) creating a complex geological history that includes oceanic crust, marine sediments, a wide variation of volcanic material, ancient river and lake deposits and, recent river and landside fragments. Belle-laide (stark beauty) and life sustaining habitat is the result of all this turmoil and fire. The John Day has drawn humans for over 8 thousand years; pit house villages, rock shelters, pictograph and petroglyphs and rock feature sites are found here. In the mid 1800's thousands of people used the John Day during the western migration and settlement of the west, garnering it a listing on the National Register of Historic Places. In recognition and celebration of its importance to our nation, it was designated a Wild and Scenic River in 1988.

Like those who came before us, we descend into this canyon of captivating splendor. The four elements earth, air, water and fire are on full display. To accent that point a fire had gone through a section of the canyon less than a week before on our journey, we floated past smoking and smoldering remnants. Everyone who ventures into the canyon of the John Day travels two rivers: Wind, the earth's oldest river, flows here, it still carves this canyon and touches all that venture here. The second river we travel is the waters of the John Day. One river surrenders to the force of gravity seeking the mighty Columbia, the other river, follows its own rules. Sometimes playful as a light breeze, mitigating the heat of the solar rays filling the canyon. Other times it works with the river, speeding our down canyon journey. At its most perverse, it countermands gravity stopping us completely. At those moments, no amount of rowing, changes one's movement. Even the John Day, heeds the winds power, its waters shatter and are flung against the cliff as the wind commands. We heed Marty's sage advice, do not get discouraged, hang in there and apply your oars to the water. Powering through in most cases is the best option.

It is summer in this canyon land, we had all planned for its usual triple digit temperatures, but nature surprised us. Day time temps barely reached the low 80's, very pleasant days indeed. But the wind played a stronger hand and did not die down at night. The wind was an uninvited guest, crashing our dinner gatherings, at times our dining was a contact sport. Tables and chairs were chased down more than once causing an explosion of activity when they took flight. A few drinks also surrendered to the canyon winds, becoming accidental offerings to the fishing gods; undeterred by our blustery visitor, we celebrated the canyon and each other. Beer, moonshine and scotch loosened tired rowing muscles, fishing stories were told and savored. Marty and crew prepared and served Puttanesca on our warm up night. Hawaiian night featured Chicken Teriyaki, Hawaiian Slack Key guitar music, Hawaiian shirts and leis. Scotch night featured Glazed Pork Tenderloin, Kilts, Scotch and, Pipe and Drum music. We toasted Pat on Hawaiian night and Kilt night. His presence was missed, a sick call revoked his hall pass and under Doctor orders, he stayed home.



Continued on Page 5 →

After dinner entertainment in the evening centered around the game of Ring Toss. Two-inch washers were launched from the hand, to a box with a 4-inch PVC pipe in the center. Points were awarded for washers landing in the box or circle. The wind also took a hand in our ring toss games altering the score, points that should have been scored took different paths. Bob and Steve prevailed as trip champions and were awarded all the accolades they richly deserved. The fireball moonshine was polished off in their honor. Future championships are in doubt for our reigning champs, as Marty and Rob perfected their technique with the application of an overhand toss. Steve and Bob are feeling the heat, from the rise of younger competitors. Oh, father time! you are so cruel.

Taylor brought his dog Kit, along on our trip, Kit readily took over Riley's training of Steve. Steve's stick throwing ability dramatically improved under Kit's tutelage. I'm sure Riley will be pleased by the growth of her star student. Larry shared his national pride by bringing his Canada chair on our trip, we celebrated Canada day by lounging in his chair, toasting his country and singing O Canada, it was a poor effort, our version sounded more like O'Tannenbaum. His laughter applauded our efforts. Larry caught the largest Bass on our trip, he cast into the back part of an eddy pound and hooked into a +/- 20 incher that pumped up his heart rate and put a smile on his face.

Civilization is left far behind when you enter the canyon lands of the John Day River. Miles above us, infrequent contrails, were the only reminders of an outside world. This primal land was full of the diversity of life, big horn sheep encounters, let us witness, frantic climbs and mind-numbing leaps; those leaps drew pictures of probable disasters in our minds. All leaps though, ended in miraculous recoveries and safe landings. Pronghorn sheep bound across the landscape, Peregrine Falcons soared beside the canyons cliffs and crags, putting on a display of aerial mastery, while engaged in midair combat with a pair of trespassing Peregrine interlopers. Coyotes visited camp, trying to entice Kit into a close encounter with the wild.

Canyon Wrens, Mourning Doves and Swallows nested in the cliff faces, their calls echoing off the canyon walls. Chukar were spotted near the river's edge seeking water in this semi desert country. Golden Eagles soared on rising thermals as they hunted the river canyon. Beaver lodges dotted the shore, in sleepless moments of the night you could hear them disturb the rivers surface as they hunted and worked. In the water beneath our dangling legs lurked the Smallmouth bass we had come to fish for. The John Day is known for its steelhead fishery but in the summer, it is the bass fishery the rules these waters.

Sean my boat-mate and fishing partner had just laid out a very nice cast, with his fly just entering the weeds on the water's edge. The take was instantaneous. From my vantage point I could see his shoulders slightly slump at the take. So, I verbalized his thought for him. Get Off There! You Are Costing Me Good Fishing Water! Sean laughed, he couldn't believe I had said that, I told him that I only said what I knew he was thinking. He laughed again, deeper this time.

The only challenge to catching bass on the John Day River is to get your fly on the water. The bass takes care of everything else. Bass are predatory, and they are ambushers, anything that moves in the water is fair game, that includes, their brothers, sisters and cousins. It is not unusual to have three other bass trying to eat the one, you just hooked. So, the bar to catching bass, is pretty darn low. For Steelhead and trout fishermen that make bass fishing very high on the reward per cast ratio. Every fishermen deserves a day when the fish do all the work. We got four days. To make our catching more exciting we focused on fly placement. Casting into the weeds upped the risk factor and the size of the bass we caught. When Sean hooked up with that small bass, instead of a monster back in the weeds, he knew he couldn't cast to other promising water until he got his dink, released. We laughed, the laughter of contented fishermen, as he released his fish to cast again to the possibility of a bigger bass.



Monday was our cool day, we embarked on our river journey that morning wearing jackets, but as our muscles warmed to the labor of rowing we shed them. That did not solve the problem, now we were cool again, and that is how our morning remained, too warm for a jacket and too cool not to wear one. Blue lips and hunched postures were prevalent, hoodies were deployed, it wasn't a normal July day. At our lunch stop we all pulled our chairs into the sun, after eating, we promptly surrendered to the warmth of the sun and napped like lazy cats. Ah!!



To close this article out, I would like to share my appreciation, for the man who shepherded us down the John Day River. I have known of Marty for approximately 7 years, through the stories of fishing trips taken with him. I hadn't met him until this trip; the men I fish with hold Marty in high regard, which for me, speaks volumes. Our trip down the John Day was self-guided, meaning, Marty took care of all the logistics in getting us down the river, but the travel and the fishing were our responsibility. There is a high skill level that is required to get that all done. The smoothness of Marty's trips belies all the pre-work and effort he has put forth to make it so.

It is too easy to look at only the surface results and miss the depth in a person that makes it all possible. Not seeing the whole person, is why so many people fall into the trap of following false leaders. Snake oil salesmen can be found at all levels of life. Our trip with Little Creek Outfitters was outstanding, but that is because Marty led without leading. He shepherded us down the river, giving us information to make the journey, without telling us what to do. When talking about the canyon, river, animals, fish, and the people who live and work here, he had respect and reverence in his voice. He might disagree with the choices of some of the lands residents, but he spoke of them all with respect. Marty took the time to meet with the people of these canyon lands to eat, drink and work with them. Present day's business people refer to it, as schmoozing, for most of them, it is a shallow effort to gain favor with little or no commitment. What Marty does is deep-rooted, he became a neighbor and tied his work to the people of this land. His goal was not to exploit the land and its people for profit and gain, but to make a home for himself and his family. His connection to this land and its people comes through, in how he conducts his guiding business. Marty and his wife Mia, as owners of Little Creek Outfitters, respect, honor, protect and care for the land, people, fish and animals where they live and make their living, and for that I am truly grateful.

May your life journey take you to the Oregon Canyon lands and let you experience the primal forces that created this land.

Stephen

“When given the choice between being right or being kind, choose kind”

Dr. Wayne W. Dyer

“Many go fishing all their lives without knowing that it is not fish they are after”

Henry David Thoreau



~ In The Past ~

The Newsletter of the Alpine Fly Fishers
'The Fly Line' -
Vol. 2 No. 10

October of 1974



This *~ In The Past ~* article was published in 1974. The information it contains is 44 years out of date and is not accurate. This is a historical document only.

Next meeting:

Date: Monday, Oct. 7, 1974

Program: You'll see "Dammed Forever", a hard hitting and controversial film that depicts the destruction of our anadromous fishery by the dam builders. Bing Crosby narrates this document of man's destruction of his environment. Don't miss it.

Draw Prize: Some flies and a book. Bring lots of money.

Fishouts: If you missed the Troutle River fishout, you didn't miss much, fishing wise. The hot dry weather kept the searuns away. As a result the six who made the trip came home sunburned, tired and fishless.

The next one should be better. Oct. 12 and 13 the target will be those fat Nunnally-Bobby rainbows. **Gary Strodtz** and **Phil White** both took four-pounders there this spring. You might also consider adding a few days to the weekend and taking a shot at Dry Falls. It might still hold a few of those oversized Atlantics.

New Quality Waters: The following information is taken directly from the Washington Fly Fishing Club's "Creel Notes". Perhaps the most significant addition is the Naches River. This marks the first time that a Washington river has been designated "Quality Waters". The Yakima Fly Fishing Association pushed this one very hard. Their first solo effort met with antagonism and failure but they persisted. They sought, and got, the backing of other Yakima Valley sportsmen's clubs and the FFF. With this added strength they (and all quality minded fishermen) won the return match.

Washington DOES have streams that can produce good trout fishing. The Naches will hopefully be the first of several allowed to reach their potential.the waters are: Quail Lake; Grande Ronde River; Naches River; Eli Lake, Okanogan County.

Bring a guest: This summer saw several Alpine members move away. To put it bluntly, we need some new blood. Grab a guest and bring them to the meeting. (And fishouts too!)

Fly Pattern: Several Eastern Washington lakes re-opened October 1. In my estimation, Fall fishing over there is a notch or two above the spring version. The hordes have put away their rods, the days are warm and sunny and the nights are crisp and cool. Best of all, the fish seem to hit with more regularity and abandon. It's still a nymph show though. Here's one that might catch you some fish.

Gil's Monster

Hook: 6 to 12, 2xlong

Tail: A few wisps of Chinese Pheasant rump

Body: Black Chenille

Hackle: Chinese Pheasant rump

This fly also works in streams. Late this August, I had a very successful evening on Oregon's South Fork Sprague River using this fly.

SEE YOU MONDAY NIGHT. BRING A GUEST. BRIGN TWO GUESTS. YEAH.

Editors Note: Looks like they skipped a couple months for newsletters back then, I did not skip any issues. Larry

Alpine Fly Fisher Meeting Dates in 2018

September 25; October 23; November 27; December 18

A Fly Fishing Quote:

*“Were it possible to take a limit of trout every time
we fished our favorite stream,
how long would it be before the sport began to pall?”*

Art Flick

Art Flick’s Streamside Guide {1947}

Thanks to the Quotable Fisherman by Nick Lyons

FLY FISHERS INTERNATIONAL FLY FISHING FAIR

Come Join Us In Boise, Idaho

August 7-11, 2018

VENDORS - IRON FLY - TYING AND CASTING DEMONSTRATIONS -
KIDS ACTIVITIES - AUTHORS BOOTH - PHOTO CONTEST

WHAT'S HAPPENING:

A week-long event providing fly fishing education and fun activities starting Tuesday, August 7, 2018.

WORKSHOPS: Tuesday, August 7 through Saturday, August 11, 2018.

FISH FEST

Exhibit Hall Opens Thursday, August 9 through Saturday, August 11, 9:00 a.m. to 5:00 p.m. Daily

Guest Speakers & Celebrities | Vendors | Fly Tying & Casting Demonstrations | 1-Hour Seminar | Iron Fly | Kids Activities | Auctions & Raffles | & Much More!

HOTEL ACCOMMODATIONS: The Grove Hotel is our host.

"When we teach a person to fly fish, we just created a conservationist." Lee Wulff

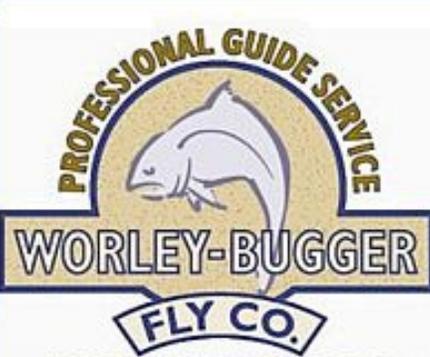
FLY FISHERS INTERNATIONAL (FFI)

Fly Fishing Fair

August 6-11, 2018

Mike Clancy

Annual FFI Fly Fishing Fair, Boise, ID. The program will be held at the Boise Centre in the heart of downtown Boise. The event, The Grove Hotel for lodging, and parking are in the same block. There are many great restaurants within walking distance. I am conducting the Youth Camp, my wife and I drove to Boise to learn about the venue, didn't want any surprises in August. Folks, this place is amazing, The Boise River runs right through the city with wonderful fishing opportunities. I know if you attend this event, you won't be disappointed. It's still in the planning stages, so more to come. It's a great vacation area.
www.flyfishersinternational.org



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CENTRAL WASHINGTON'S PREMIER FLY FISHING OUTFITTER, PRO-SHOP
AND PROFESSIONAL GUIDE SERVICE

Worley Bugger Fly Co.

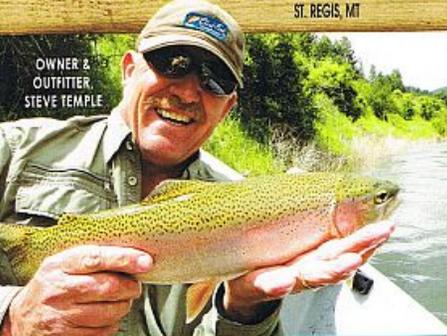
Steve Worley has some great guides and he has put together the best fly shop filled with a massive amount of fly tying materials and equipment. You really need to stop by the shop and check it out. Just take the Canyon Road exit off I-90 and turn north towards town, the Worley Bugger Fly Co. shop is on the left or west side of the road.

guided happiness!





MONTANA FLY FISHING OUTFITTERS
ST. REGIS, MT



OWNER & OUTFITTER, STEVE TEMPLE

www.ClarkForkTrout.com 406.382.0161

Clark Fork Trout

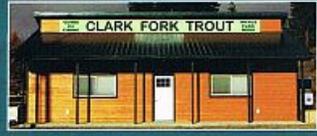
St. Regis, MT

Steve & Peggy Temple have their fly shop just on the north end of St. Regis, right across the street from the road down to the boat launch.

Check it out!!!

For a really good guided drift boat fishing trip, you should check out the Clark Fork Trout.

"GUIDED FISHING ON THE CLARK FORK, BITTERROOT, MISSOURI AND BLACKFOOT RIVERS AND PROVIDING FLY FISHING CLASSES BY PEGGY TEMPLE."



CLARK FORK TROUT, LLC

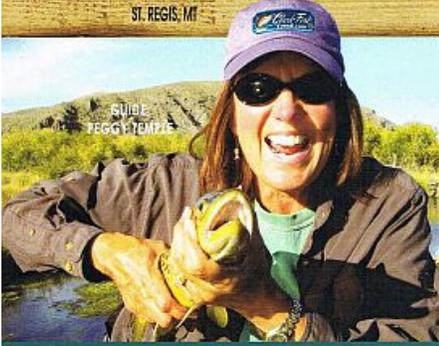
BUS: 406.382.0161 - HOME: 406.822.0922

715 Hwy. 135 - St. Regis, MT 59866

Outfitter Steve Temple #20878



MONTANA FLY FISHING OUTFITTERS
ST. REGIS, MT



GUIDE PEGGY TEMPLE

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2018 NW Youth Conservation & Fly Fishing Academy

Twenty one enthusiastic boys and girl graduated from the 2018 NW Youth Conservation and Flyfishing Academy this year.

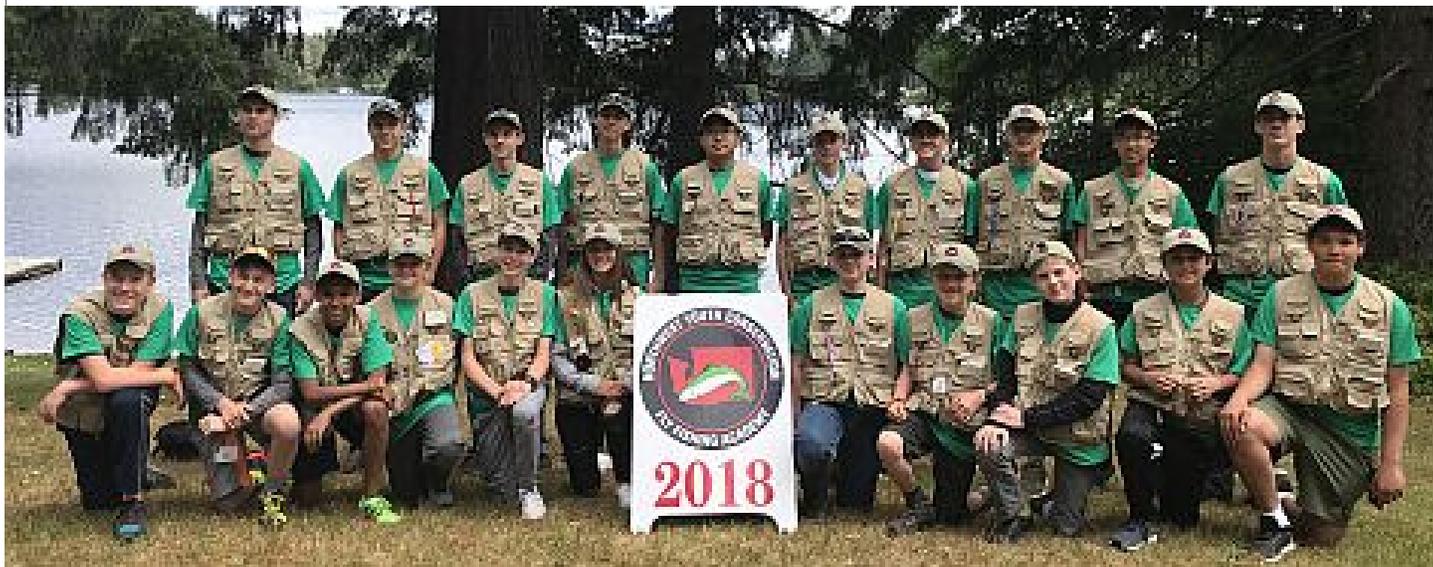
After a long week of classroom study, classes in fly tying, knot tying, conservation, stream side ethics and etiquette, water safety, stillwater fly fishing techniques, matching the hatch, exploring a stream to learn about “Living Waters”, principals of ecology, dissecting a fish, they were tired. A couple days we started at 5am to go to the ponds or river to learn how to fly fish. It’s not about catching, it’s about learning how to catch and how to read the waters, how to walk in a river, learn to mend, etc.. They fished both morning and evening.

This event is not for the faint of heart, we keep them very busy. They do an amazing job of keeping up with the program. The Academy is held at The Gwinwood Community Center on Hicks Lake in Lacey, WA. traditionally, the last full week of June.

Each applicant is required to write an essay, explaining why he or she want to attend The Academy and they also need a letter of recommendation from their school counselor, TU/FFi organization president, or a responsible person. The essays were incredible and their letters of recommendations were even more incredible. We were privileged to have over 40 volunteers again this year. If it wasn’t for the volunteers and the financial support from TU, FFI, WSCFFI Fly Fishing Clubs, WCTU and TU Chapters, business organizations, private individuals and folks like you – this event would never happen. I must remark – every penny that is donated to The Academy for the kids, goes 100% to the effort to make this event the success it is.

So on behalf of the Youth, the Staff, and the community – thank you!

Jim Brosio & Mike Clancy - Co-Directors, NWYCFFAcademy



Note from the editor: The WA State Council FFI is signing up each student as Junior Members of the FFI.
Larry



FLY FISHERS INTERNATIONAL

FFI Adopts Responsible Fishing Practices and Principles BY FLY FISHERS INTERNATIONAL

FFI adopts a guide on responsible fishing practices and principles, aimed making a difference one, on angler at a time.

RESPONSIBLE FISHING PRACTICES AND PRINCIPLES OF PERSONAL CONSERVATION: MAKING A DIFFERENCE, ONE ANGLER AT A TIME

Fly Fishers International recommends that fly fishers adopt the following fly fishing practices and principles. These principles reflect contemporary angling practices and values and are based upon the most current research regarding conservation minded fishing. It is recognized that these practices are continually evolving and that they should be updated regularly as responsible angling practices change based upon new scientific evidence and evolving social values.

ANGLING PRACTICES

Practice Catch and Release

Fly fishers limit their catch and practice catch and release. Releasing fish is a management tool for the development of high-quality fisheries, particularly for heavily fished species. If the fish is undersized or outside of the published slot limit, is a protected species, or you have caught your limit, proper release is mandatory.

Land Fish Quickly

The time you take to land and release your fish and the way you handle it is critical to its survival. A protracted fight lessens the fish's chance of survival upon release. Minimize the time you play your fish to the extent possible. Your gear and tackle should be strong enough to land the species and size of fish you are fishing for as quickly as possible before they are played out. Bring your fish to hand or the net as quickly as possible.

Keep Fish in the Water

Keep your fish in the water as you remove the hook and revive the fish, if possible. Keeping the fish in the water increases its chance of survival. Leaving a fish in the water gives it oxygen for quicker recovery and also supports the fish's weight, reducing stress on its internal organs and spine. Use a net, if possible. Nets minimize damage and handling time. A net with a rubber bag is less likely to remove slime from a fish and minimize damage. Never drag a fish onto the bank or shore when landing it.

Proper Handling

Wet your hands before handling the fish. Hold the fish horizontally and support its weight with both hands. Hold your thumb and forefinger or hand around the base of the tail and use your other hand to support it under the belly. Try not to squeeze the fish; if you do you may damage its internal organs. Keep water flowing over the fish's gills by keeping the fish submerged, and avoid placing your hands over the mouth or gills. Do not "lip" fish and hoist them up as you may damage the fish's jaw.

Removing the Hook

Remove the hook quickly and gently while keeping your fish in the water, if possible. Use hemostats, pliers or hook remover to back the hook out of its entrance hole. If your fish is hooked deeply, cut the line near the hook.

Photographing Fish

Photograph the fish in the water or minimize its time out of the water. Have both camera and photographer ready to take the picture before the fish is handled. Keep the fish in the water until ready and snap your picture quickly. Keep 'em wet (www.keepemwet.org) recommends, "If a fish is momentarily taken out of the water, keep it as close to the water as possible and fully submerge it between pictures to give the fish a quick breather. Ideally, let the photographer call the shots –...raise the fish....and click.

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Reviving and Releasing Fish

Revive the fish carefully before releasing it. If the fish is in a stream hold the fish's mouth upstream and let water flow over the fish's gills until revived. Do not move the fish back and forth as water should be moving naturally over the gills. In a lake, move the fish forward in a "figure eight" pattern so that water moves in a natural fashion over the fish's gills. From a boat, revive a fish by leaving it underwater in the landing net with the opening facing into current until the fish swims free. Release the fish when the fins move in a coordinated fashion and the fish is able to keep itself upright.

Water Temperature

Summer temperatures increase stress on fish and make quick and careful catch and release critical to their survival. Avoid fishing for cold water species (ie. trout) when water temperatures near 70 degrees. Some anglers now refrain from fishing if the temperature may reach 70 degrees at any time during the day. Fish are stressed in high temperatures and are less likely to survive when released.

FISHING GEAR AND FLIES

Tackle

Use tackle that is matched to the size and strength of the species for which you are fishing. This will enable you to land your fish more quickly and help ensure its survival upon release.

Hook Removal Devices

Carry and use hemostats, long nose pliers or other hook removal devices to safely and quickly remove the hook from your catch.

Nets

Use a net when landing fish when possible. It reduces the stress on the fish. Use a net with a rubber bag. Rubber nets are less abrasive than cloth or knotted line and are less like to catch on a fish's gills. Hooks are also less likely to get caught in a rubber net.

Hooks

Go Barbless! Barbless hooks allow for a quicker release and decrease injury to fish. If you buy flies, make sure the hooks are barbless or pinch the barbs down before fishing. Tie your flies with barbless hooks or compress the barb on the hook with pliers before you tie your fly. Consider using circle hooks, especially when fishing for saltwater species or fish that are prone to swallowing the hook. Using circle hooks reduces the chance of a fish being hooked deeply.

Get the Lead Out!

Go lead free and eliminate lead from your fishing. Use lead free materials (i.e., tungsten) when tying flies and use lead substitutes for weight on your line.

PROTECTING THE FISH, WATER AND RIPARIAN ENVIRONMENT

Clean, Drain and Dry After Fishing

Stop the spread of invasive species. Clean your waders and boots carefully before moving to new waters. Remove any mud or plant material. Use rubber soles rather than felt soles when possible. Use rubber soles with studs or aluminum bars for safety in waters with slippery river bottoms. Check local fishing regulations to confirm what kind of soles are legal in the water you are fishing. Thoroughly clean your boat or float tube before moving to new waters. Remove any mud or plants before launching again. Power-wash your boat and trailer before moving to another watershed.

Pack it Out!

Take all waste materials with you. Don't leave leader and tippet material where it may harm birds. Dispose of leader and tippet materials properly in your fishing vest or bag.

Protect the Fish

Avoid walking on spawning beds and redds when wading streams. Avoid targeting spawning fish. Catching them may interrupt the spawning process and catching a fish that is already weakened by spawning decreases its chance of survival.

Protect the Stream

Choose access to fishing spots wisely. Avoid walking on fragile stream banks and help prevent erosion and damage to stream banks. Avoid disturbing fragile plants or wildlife nesting or breeding areas.

CONSERVATION LAWS AND REGULATIONS

Know the regulations where you are fishing and follow them. Be aware of size limits, seasonal fishing prohibitions and protected species. For example, fishing for bull trout in some areas of the west is prohibited. Know the trespass laws where you are fishing and respect public and private property. Report illegal activity

August / September 2018

SUN	MON	TUE	WED	THU	FRI	SAT
<i>"When summer opens, I see how fast it matures, and fear it will be short; but after the heats of July and August, I am reconciled, like one who has had his swing, to the cool of autumn." - Ralph Waldo Emerson</i>			<b style="color: red;">1 August	2	3	4
5	6	7	8 FFI in Boise	9 FFI in Boise	10 FFI in Boise	11 FFI in Boise
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	No Meeting	29	30	31	<i>"August creates as she slumbers, replete and satisfied." - Joseph Wood Krutch</i>

<i>"September days have the warmth of summer in their briefer hours, but in their lengthening evenings a prophetic breath of autumn. The cricket chirps in the noontide, making the most of what remains of his brief life. The bumblebee is busy among the clover blossoms of the aftermath, and their shrill and dreamy hum hold the outdoor world above the voices of the song birds, now silent or departed." - September Days By Rowland E. Robinson, Vermont.</i>						<b style="color: blue;">1 September
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	<b style="color: blue;">25 Club Meeting	26	27	28	29
30						

Alpine Fly Fishers' 'The Dead Drift' is Published monthly by the Alpine Fly Fishers Club
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